1st Annual

Westwood 5K

Run/Walk

Saturday July 30, 2011 9 am Ashland, KY
Fairview High School
2123 Main Street Ashland, KY

• 7:30 a.m. On-Site Registration and 9:00 a.m. Race
• $15.00 if pre-registered before July 29th, $20 Day of Event
•Tee Shirts guaranteed to first 100 participants

Course: Begins and ends at Fairview High School.
Some rolling hills and one big incline.

Awards to first overall three male and female finishers and to first three finishers in each male and female age group. No *duplication* of *awards*

Please mail registration and make **check payable to Fairview High School to:**

Fairview High School
1601 Maryland Parkway
Ashland, KY 41101

Door Prizes
Refreshments

For more information contact Race Director: Alysa Miller at alysa.miller@fairview.kyschools.us

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Name: _____ Address:_____

Email: _____

Phone: _____ Gender: M F Age on Race Day: ____ Tee Shirt Size _____

Age Category (circle one): 14 & under 15-19 20-24 25-29 30-34 35-39
40-44 45-49 50-54 55-59 60-64 65+

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to. falls, contact with other participants. the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the Cheerleading Squad, City of Ashland, Fairview High School, race officials. volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____ Date: _____

Parent/Guardian Signature (Required for minor):_____Date:_____