



2<sup>nd</sup> Annual 5K Run  
Saturday August 6, 2011 – 9 am

Registration starts at 8:00 am\*  
\*in middle of park by restrooms  
Race begins at 9 am  
Central Park Route

Pre-Registration before July 15<sup>th</sup> : \$15  
Race Day Registration: \$20  
\*Please bring cash or check, we cannot accept credit cards

Age Group Awards: to receive trophies

14-under	45-49
15-19	50-54
20-24	55-59
25-29	60-64
30-34	65-69
35-39	70 – above
40-44	Overall top male and female finishers
	Top 2 finishers in each age group

Name \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Email \_\_\_\_\_ Age \_\_\_\_\_

Waiver: In consideration of acceptance of this entry, I waive for myself & my heirs, any and all claims for damages or injury, which I might have against the race director, sponsors or the City of Ashland. Racers sign below please.

Runners Signature: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

If under 18

Please make checks payable to: The I Believe Foundation  
PO Box 1123  
Ashland KY 41105

Contact: Troy Allen @ 740-534-8137

or Mandy Kidwell @ 606-922-0702