KELLOGG ELEMENTARY FIELD OF FITNESS
5K & FUN RUN/WALK
APRIL 16, 2011

See www.tristateracer.com for complete information

Fun Run participants invited to take part in supervised activities while you run the 5K: Kids cooking, Zumba, Kickball, Basketball, Health Fair and more! Join the Fun!

Check in and Start time	Early Pickup – Race Package will be available on Friday, April 15th at Kellogg Elementary from 4-6pm Race Day – Check in and package pickup at Kellogg Elementary. 5K Race begins at 9AM in front of school. Kid's Fun Run Mile begins at 8:15 AM on school playground. 5K Runners and walkers are able to register until 8:30 a.m. day of race.	
Course and Start/Finish	Course is fast and flat through the community of Westmoreland. Race starts in front of school and ends on school playground.	
Awards	Top two finishers of each division, Awards given out approx. 10a.m. on school playground. Must be present to claim.	
T-shirts	We cannot guarantee a t-shirt in your chosen size, but sizes will be given according to registration date. To assure T-shirt, register by April 1′ 2011.	
Entry Fee (non-refundable)	Before April 1 for guaranteed T-shirt After April 1 thru Race Day: School-aged runners: Family Discount: each add'l school-aged runner after first child: $ 5	$15 $20 $10
Contact Information	Lesley Fuller, 304-654-9127 or lfuller718@hotmail.com; or Melanie Adkins 304-633-0105 or Melanie.Shafer@wsaz.com	

Mail Entry Form & Payment to:

Kellogg Elementary
c/o Melanie Adkins
4415 Piedmont road
Huntington, WV 25704

Make Checks payable to:

Kellogg Boosters
Memo: 5K

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One participant per entry form. Please duplicate if necessary. Additional entry form located at www.tristateracer.com.

______________________ ______________________ ______________________

Last Name **First Name** **Date of Birth**

_____ _____ ____

M/F **Age** **Street Address**

______________________ ____ __________ ______________________

City **State** **Zip** **Telephone**

Circle Shirt Size: Youth LG Adult SM Adult Med Adult LG Adult XLG Adult XXLG

Circle Event: Run Walk Kids Mile (12 and under) Stroller Division

In consideration of being permitted to participate in the Field of Fitness 5k and Kids Fun Run, I do hereby for myself, my heirs, executors and administrators and assignees, release, discharge, save and hold harmless and agree to indemnify all those persons involved in organizing and manning, including volunteers, corporate sponsors, media sponsors, business donors and any other participants, this event from all claims, demands, losses, damages, actions, causes of actions or sits of whatsoever kind or nature, arising out of my participation in the race on April 16, 2011. In addition I attest that I am sufficiently fit and prepared for this event.

Signature__________________________________ Date ______________

Waiver MUST be signed by all participants, or, if participant is under 18 years of age, by a parent or legal guardian.

RACE STAFF INFO ONLY:

RACE #______ Date Rec'd ______

CHECK #______ CASH______