



**3rd Annual
5K Run/Walk**

**Saturday, August 29,
2009**

- ◆ 5k Run 8:00 am
- ◆ 5k Walk 8:15 am

**Location: Pullman
Square across from
Starbuck's located on
the 900 block of 3rd
Avenue, Huntington, WV**

**Awards and door prizes
will be available.**

**Proceeds to benefit
Huntington S.T.O.P.
(Supporting Technology
for Our Protection)**



www.crewcommunity.org

**Results will be posted on within
24 hours of race on
www.tristateracer.com**

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**info@crewcommunity.org
Contact Tim Bailey at 304-208-6508**



**3rd Annual Benefit
5K Run/Walk**

**for Huntington S.T.O.P. -
Supporting Technology for
Our Protection**

**Saturday,
August 29, 2009
5k Run 8:00 am
5k Walk 8:15 am**

**Pullman Square
900 Block of 3rd Ave,
Huntington, WV**



Entry Info/Packet Pick-up

Send application/payment (cash/check) to Crew Community Church (address on registration panel) or register online at <http://crew5k.eventbrite.com/> on or before August 28, 2009, or come to the Pullman Square pavilion (across from Starbuck's) on Saturday, August 29, 2009 before 7:45 am.

T-shirt/packet pick-up will ONLY be Saturday, August 29, from 7:00-7:45am, when you will receive your chip.

5K RUN

Map available at:
<http://crew5k.eventbrite.com/>

All participants will receive a short sleeve t-shirt and an official race time. Race begins at **8:00 am**.

5K WALK

All participants in this non-competitive event will receive a short sleeve t-shirt and be eligible for a door prize. No age divisions will be used. Please no bikes, skateboards, or rollerblades on the course. All walkers must be registered and have a race number to participate. This event begins at **8:15 am**.

Prizes

An overall first and second place prize will be awarded per gender:

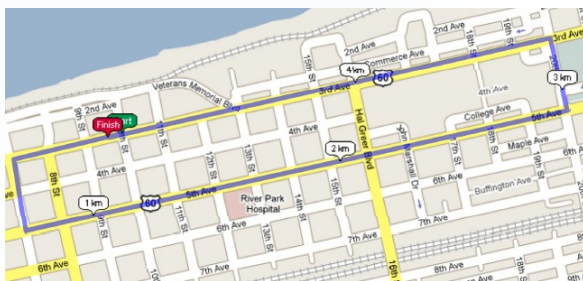
- ◆ First place \$100
- ◆ Second place \$50

Additionally, first place prizes (\$25) will be awarded for each age division. An awards ceremony will begin at 9:00 am, during which door prizes will be drawn for all participants. Winners names will be available at the registration table.

Course

A map of the course is available at: www.crewcommunity.org
The Start Line is on 3rd Avenue in front of Pullman Square. Runners will begin at Pullman Square (10th St. and 3rd Ave.) Start at the corner of 10th Street and 3rd Ave, continue down to 7th Street, across 5th Ave, then 5th Ave down to 20th Street, across to 3rd Avenue, and back to Pullman Square via 3rd Ave.

Results



The 5k run will be professionally timed by Tom Plummer using The Chip, with final results available within minutes of the finish. Results will be available from a link on crewcommunity.org within 24 hours.

Registration

3rd Annual 5K Run/Walk

Sponsored by
Crew Community Church
August 29, 2009

Please complete one form per participant. Applications are also available from our website or you may register online at crew5k.eventbrite.com

Name _____

Address _____

City _____ State _____

Phone (____) _____ Zip _____

Age (as of 8/29/09) _____ Sex F M

Shirt Size: _____

Run/Walk entry fees:

- ◆ Early registration \$15 before 8/1
\$20 if postmarked on or after 8/1

Race Starting times:

- ◆ 5k Run 8:00 AM
- ◆ 5k Walk 8:15 AM

I know that participating in a 5k run/walk is a potentially hazardous activity. I certify that I am medically able and properly trained. I assume all risks associated with this event. I hereby release Crew Community Church and its members from all liability for injury or damages and hereby waive any and all rights for claims of injury damage.

Signature of Participant (if under 18 parent or guardian)

Checks Payable to [Crew Community Church](#)
Send to: PMB #143
6007 US Route 60 East, Suite 109
Barboursville, WV 25504