

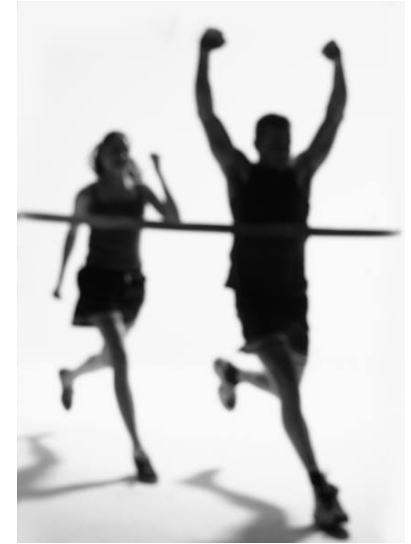


Premier Sports
401 Charmel Place
Columbus, Ohio 43235

Place
Stamp
Here

1st OPHELIA RUN

5/10 K Walk or Run



Chillicothe, Ohio

Sunday
August 26, 2007

All event proceeds benefit
the Ophelia Project® of
South Central Ohio.

The Ophelia Project® of South Central Ohio

the
Ophelia
project®

South Central Ohio

In September 2004, a concept was brought before members of our community by members of the American Association of University Women and the League of Women Voters requesting input on how our children can deal with bullying and relational aggression they deal with everyday. This community wide concern resulted in the formation of **Partnership for Creating Positive Relationships (PCPR)**. During the initial two years of our existence, PCPR provided professional development opportunities to our schools in Ross and surrounding counties, two conferences and the formation of **The Ophelia Project® of South Central Ohio**, which is the seventh of ten Ophelias in the United States and Canada. Research has shown that over 160,000 children miss school each day due to bullying and it is estimated that up to 25% of visits to the doctor each day are related to children suffering from the side affect of bullying! Imagine being too afraid or too sick to go to school! Imagine being too afraid to answer the phone or turn on your computer for fear of being bullied! This is called cyberbullying and it is on the increase and is destroying the innocence of our children!

The Ophelia Project® of South Central Ohio provides information to the community about bullying as well as ways to deal with it in a positive manner. Currently we offer mentoring programs, book clubs, annual conferences, speaking engagements as well as our newest program called Fitness 4 Fun 4 Kids. We have partnered with the Body Zone Total Fitness, Ltd. to create a program that will work with children ages 6-18 and focus on weight management, nutrition and bullying.

You may find more information on the Body Zone's website: www.bodyzonetotalfitness.com and click on the Ophelia link. There is also a link on that website for the Fitness 4 Fun 4 Kids program. More information from the national Ophelia website can be found at www.opheliaproject.org. On September 8, 2007, we will hold our 3rd annual "Putting the Breaks on Bullying" conference at Ohio University-Chillicothe. Sameer Hinduja PhD and Justin Patchin PhD will come to Ross County to spend time in several of our middle schools and do a full day conference on cyberbullying and MySpace. These two researchers specialize in cyberbullying and have written numerous articles about the subject. Visit their website at www.cyberbullying.us. For more information, please contact Jaclyn A. Clipner, Director at 740-649-3462.

WAIVER

In submitting this entry, I, intend to be legally bound for myself, my heirs, executors, and administrators waive, release and forever discharge any and all rights and claims for damages I have or may have against the organizers of this event, its principals, its employees, its volunteers, all sponsors and their representatives for any and all claims and damages, demands actions whatsoever in any manner, as a result of my participation in the 1st Ophelia Run 10K/5K, including travel to and from the event. I hereby grant full permission to any and all of the foregoing to use my name and likeness in any broadcast, telecast, video or print media reporting or advertising of the event without compensation. If you are under 18, a guardian must sign this form.

Signature:

Entry Form

Sunday August 26, 2007

Name: _____
Age: _____ Male Female
Street: _____
City: _____
State: _____
Zip: _____

Telephone:
(_____) _____

T-Shirt Sizes

Adult Sizes: Sm Md Lg XL

Youth Sizes: Sm Md Lg

Additional Shirts \$10.00

(Pre-Registration Guarantees a T-Shirt on race day)

Event Choice

5K 10K

**COURSE WILL BEGIN AND END AT CITY
POOL PARKING LOT**

Registration begins at 9:00 a.m.

Race begins at 10:00 a.m.

ENTRY FEE

\$20.00

**Return Remittance and Make Checks Payable
to:**

Premier Sports

401 Charmel Place

Columbus, Ohio 43235